Sampling Strategies and their Advantages and Disadvantages

Type of Sampling	When to use it	Advantages	Disadvantages
Probability Strategies			
Simple Random Sampling	When the population members are similar to one another on important variables	Ensures a high degree of representativeness	Time consuming and tedious
Systematic Sampling	When the population members are similar to one another on important variables	Ensures a high degree of representativeness, and no need to use a table of random numbers	Less random than simple random sampling
Stratified Random Sampling	When the population is heterogeneous and contains several different groups, some of which are related to the topic of the study	Ensures a high degree of representativeness of all the strata or layers in the population	Time consuming and tedious
Cluster Sampling	When the population consists of units rather than individuals	Easy and convenient	Possibly, members of units are different from one another, decreasing the techniques effectiveness
Non-Probability Sampling			
Convenience Sampling	When the members of the population are convenient to sample	Convenience and inexpensive	Degree of generalizability is questionable
Quota Sampling	When strata are present and stratified sampling is not possible	Insures some degree of representativeness of all the strata in the population	Degree of generalizability is questionable